Pre-Surgery

Hip Arthritis

Eve Grzybowski

For Maria Kirsten Yoga for Older Grownups Online Training 2021

1

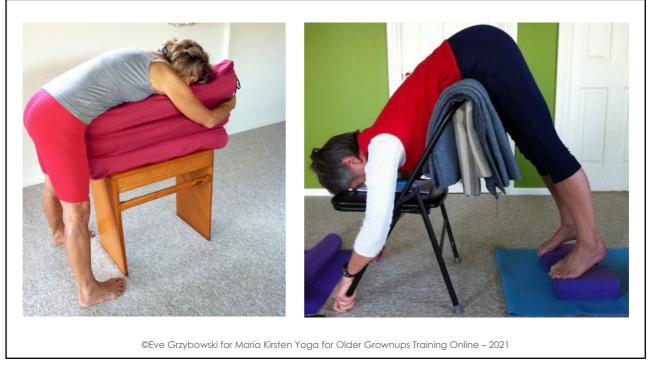




©Eve Grzybowski for Maria Kirsten Yoga for Older Grownups Training Online – 2021

ว









©Eve Grzybowski for Maria Kirsten Yoga for Older Grownups Training Online – 2021



©Eve Grzybowski for Maria Kirsten Yoga for Older Grownups Training Online – 2021







©Eve Grzybowski for Maria Kirsten Yoga for Older Grownups Training Online – 2021

7

Post-Surgery

Hip Arthritis

Eve Grzybowski

For Maria Kirsten Yoga for Older Grownups Online Training 2021



©Eve Grzybowski for Maria Kirsten Yoga for Older Grownups Training Online – 2021

9







©Eve Grzybowski for Maria Kirsten Yoga for Older Grownups Training Online – 2021



©Eve Grzybowski for Maria Kirsten Yoga for Older Grownups Training Online – 2021



©Eve Grzybowski for Maria Kirsten Yoga for Older Grownups Training Online – 2021

13











©Eve Grzybowski for Maria Kirsten Yoga for Older Grownups Training Online – 2021





©Eve Grzybowski for Maria Kirsten Yoga for Older Grownups Training Online – 2021

