

Martyn Jackson

Martyn Jackson was one of the first westerners to be taught directly by B.K.S. Iyengar. He is credited with introducing and popularising the Iyengar method in Australia in the 70's and 80's.

He was a gifted, dynamic teacher, originally from England. He had a big booming voice, full of enthusiasm, with a Yorkshire accent, and would exhort his students to do their best. His personal warmth inspired many to commit to the practice of yoga.

He trained many yoga notables in his intense teacher training courses over the years: Anna Prior, Shandor Remete, Trevor Tangye, Jan Poddebsky, Kay Parry, Lee Farrant, John Leebold, Dianne Currie and myself. Many of these students went on to establish their own schools.

Martyn Jackson traveled widely in Australia and internationally. In 1981 he was invited to the Centre for Yoga - Los Angeles' first yoga studio - founded in 1967 by Ganga White. Anna Prior and I accompanied Martyn on this trip and assisted him teach a three-month training.

In 1990 Martyn died, after a lengthy illness.

Some of the teachers Martyn trained still conduct classes at his school, The Australian School of Yoga in Bondi Junction, in eastern Sydney.